



Welcome to November's Recommended Reads!

We were delighted to hear that many of you read these books at home after our recommendations last month.

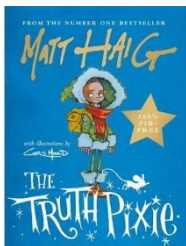
If you have any of your own recommendations linked to Character and Culture, we would love to hear them!

You can e-mail them to:

laura.reynolds@crossflatts.bradford.sch.uk

Here are some recommended reads to support with Character and Culture development. These cover a range of topics related to PSHE, building character, strategies to manage difficult times, understanding of the world and much more.

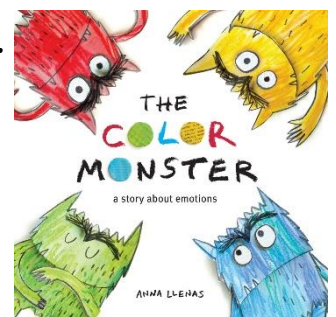
The Truth Pixie

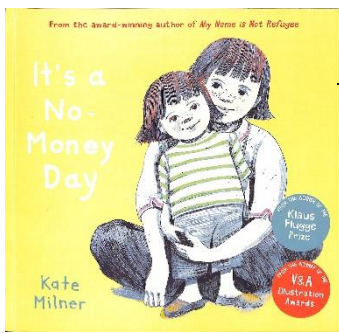


Suitable from around 6+. This is a gorgeous story by Matt Haig. It explores the value of truth and being our authentic selves. Lots of lessons to take away from this one!

The Colour Monster

A brilliant book to explore feelings via colour. This is suitable from EYFS but is useful to all of us!

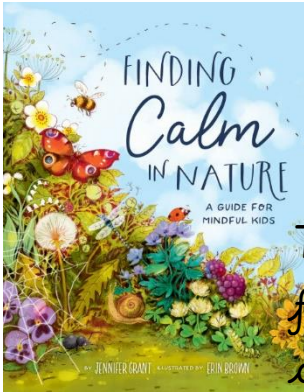




It's a No Money Day

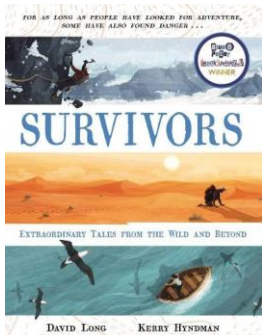
This sensitive book deals beautifully with the issue of facing a no money day. It's a great way to discuss the nice things we can do for no money and explains the concept of no money in a simple, child friendly way. Suitable for all ages.

Finding Calm in Nature



This is a beautiful guide to inspire all of us to find calm and peace in the beauty of the world around us. It explores elements of nature and links them to a mindfulness prompt, creating a practical guide to finding peace.

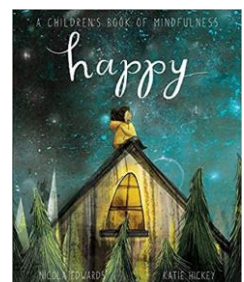
Survivors



A stunning book with exciting illustrations throughout. Each chapter is a different real-life story detailing heroism, survival against the odds and resilience. Brilliant as a shared read from Year 3 upwards, and independently as the children are ready.

Happy

The perfect soothing read for quiet time, Happy gently encourages children to explore their emotions and the beautiful world around them, with stunning illustrations and thought provoking rhymes on every page.

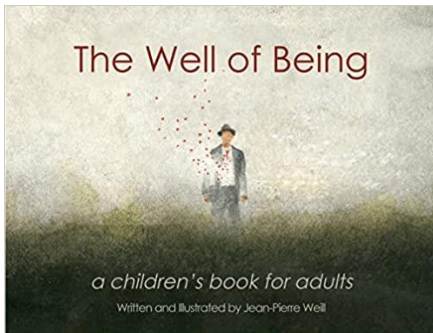


Suitable for all ages - this book is lovely!

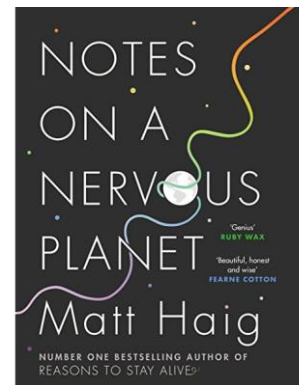
Books for Adults

This was a popular addition last month so here are the recommended reads for grown-ups!

The Well of Being - a children's book for grown ups



An absolutely gorgeous picture book for adults, exploring happiness and living fully each day.



Notes on a Nervous Planet

A personal favourite - this book invites us to find calm and peace amongst the noise of the digital age. It looks at the media, social media, sleep, news, addiction, work and play! Funny and engaging, this book is really thought provoking and will make you think about how you spend your precious days.