

Hi Everyone,

The last day of June! We are hurtling towards our final few weeks in school before we break up for the summer holidays! Our marvellous Year 6 set off today on their final residential with us before they leave us up to Lockerbie! I hope the weather is kind to them for all of their adventures! Our Year 6 are busy rehearsing for their end of year production. Tickets for our Year 6 families will open on our booking system from 6pm on Monday 4<sup>th</sup> of July for our Tuesday 19<sup>th</sup> of July performance at 1.30pm and our Wednesday 20<sup>th</sup> of July at 6pm performance. Please go to [http: https://crossflatts.schoolcloud.co.uk/](https://crossflatts.schoolcloud.co.uk/) to book your tickets.

Remember tomorrow is non uniform day in school with the children politely asked to bring in a sweet treat for our Rose Day tombola. Please can I ask that no treats containing nuts are brought into school as we have several children with severe allergies. Thank you for your generosity with this.

Friends of Crossflatts Primary School are finalising all their events and activities for the Rose Day Evening event, 4-7pm and full details will be sent out in an email today which will include further information and prices. Tomorrow is the final day to bring in any unwanted, clean teddies and unused toys, games, gifts for their tombola's.

In September, we will have new caterers in school, our current caters are focussing their energies on schools in the south so after an extensive tender process- the governors and I have selected Aspens to be our new school caters. Their quality of food is really excellent with fresh produce being used to make for tasty meals. We really enjoyed trying all of their meals and I know the children will like and more importantly eat the meals they are going to be serving up from September. There will be a new ordering system, which is similar to the one we use now, I will send out information nearer to the holidays with a how to guide so everyone knows how to order for the first day of the autumn term and how to inform Aspens of any dietary requirements that your child may have.



# About Aspens

## GREAT TASTING FOOD THAT YOUR CHILDREN WILL LOVE

Aspens is the company chosen by your school to provide the meal service for its pupils and we are looking forward to welcoming your child for their school lunches. We are experts in school catering and have years of experience when it comes to school food.

The food children eat at school plays an important role in their wellbeing and eating a well-balanced diet will not only maintain and improve their health but will also set them on the right track for later life. We understand this and that's why we are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

## KNOWING WHERE YOUR FOOD COMES FROM

We take our responsibility of catering for today's children and young adults seriously. All of our dishes are prepared every day using quality, fresh and seasonal ingredients that are responsibly sourced. Our supply chain is traceable, so we can ensure the provenance of all produce.

Our dishes are created and served by experienced and enthusiastic staff. As well as ensuring the food on the plate is healthy, we want our customers to understand the importance of eating the right foods and help them with their food and nutrition journey.

## OUR FANTASTIC FOOD

We do it, naturally. We use the finest ingredients, from our own produce to the finest quality ingredients from around the world. We

### FREE TASTY LUNCHES!

All children that are in Reception, Year 1 and Year 2 are currently entitled to receive UNIVERSAL INFANT FREE SCHOOL MEALS! We think it's a fantastic idea so please make sure you support this initiative. Not only will you be saving money, but you will also be giving your child a nutritionally balanced meal to fuel their bodies for the rest of their learning day.

Please note this is not to be confused with **FREE SCHOOL MEALS** which is an entitlement that some children can receive due to their parents/carer's circumstances. If you feel you may be entitled to receive FREE SCHOOL MEALS, you should request the relevant forms from your school office or look at this website. [www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals).

### CONTACT US

e: [info@aspens-services.com](mailto:info@aspens-services.com)  
w: [www.aspens-services.co.uk](http://www.aspens-services.co.uk)



## PREPARING YOUR CHILD FOR SCHOOL LUNCHES

If your child is new to school lunches, they may feel a little uncertain, but you can help them to be prepared.

Look through the menu together, ask them to choose their favorites and point out the kind of things that you know they usually like to eat. Try new things at home to help them to become used to trying different foods.

## SPECIAL DIETS AND FOOD ALLERGENS

Don't think that your child can't enjoy our great food if they have a special diet - this is an important part of our catering service. We can provide food if they have an intolerance, an allergy, or require an alternative choice due to religious beliefs.

Aspens already caters for lots of children with allergies, we have robust food safety procedures and our staff has regular allergen and food safety training. It is still important that parents talk to us so we can work together and continue to provide meals that are safe for their child to eat.

## SUSTAINABILITY

Sustainability is one of our core values - we recognise that our activities can affect the environment and so we do what we can to minimise our impact.

This includes phasing out single use plastics, using environmentally friendly disposables and cleaning products, offering non meat proteins and seasonal fruit and vegetables.

## WHY SCHOOL MEALS ARE GREAT

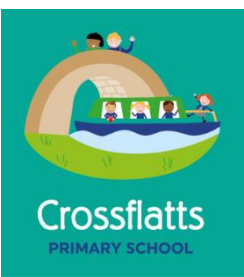
Lunch time is an important part of a child's school day, giving pupils a break with friends and the chance to recharge their batteries. But why should you choose a school meal? Take a look at the ten great reasons we have come up with!

1. School meals are delicious, healthy, safe, varied and could be free!
2. Measures have been taken around staff training and enhanced cleaning to ensure our dinners continue to be safe.
3. It would save you hours making packed lunches for your child!
4. Children receiving Free School Meals have exactly the same choice and no-one will know that your child's meal is free.
5. You can see the menus and choices online and on the app, so you know exactly what they'll be eating.
6. The school catering team is fully trained and ready to cater for children with allergies or other diets.
7. School meals help encourage good eating habits from an early age and provide the opportunity to further develop their social skills as they sit down with friends to enjoy their meals.
8. There are plenty of opportunities to try new foods and fussy eaters are much more likely to try something different if their friends are eating the same meals as they are.
9. If you are entitled to free school meals, it's easy to apply.
10. You'll be supporting the school too. Schools receive extra Government funding for every child who is claiming Free School Meals. This money can be used to pay for more books, computers and much more!

SAMPLE MENU					
<b>FOOD FESTIVAL</b> <small>by Aspens</small> Autumn / Winter 2022/23 <small>5/9, 26/9, 17/10, 7/11, 28/11, 19/12, 9/1, 30/1</small>					
	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Option 1	Margherita Pizza Pasta salad Crudites	Beef Burger in a Bun Oven Baked Wedges Peas	Roast Gammon Roasties and Fresh Vegetables Gravy	Chicken Tikka Masala Wholegrain Rice Indian Carrots & Peas	Fish Fingers Salmon or Pollock Chips and Baked Beans
Option 2	Margherita Pizza Pasta salad Crudites	Super Veggie Burger in a Bun Oven Baked Wedges Peas	Veggie Sausage & Root Veg Traybake Roasties and Fresh Vegetable Gravy	Veggie Korma Wholegrain Rice Indian Carrots & Pea	Baked Beans & Vegetable Fingers Chips
Potatoes & Pasta	Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily				
Packed Lunch	Pick and Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit				
The Finale	Jelly & Fruit Slices	Marble Cake	Chocolate Brownie	Apple Sponge Cake	Vanilla Cookie
Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day					
<span>▲ Meat</span> <span>▼ Veggie</span> <span>◆ Jacket Potato</span> <span>● Packed Lunch</span>					

### Key Dates for the next three weeks:

- Friday 1<sup>st</sup> of July- Non uniform day with Sweet treats donations for PTA tombola for Rose Day
- Tuesday 5<sup>th</sup> of July Year 6 Transition Day to Bingley Grammar School
- Tuesday 5<sup>th</sup> of July- Reception Trip to St Anne's
- Wednesday 6<sup>th</sup> of July- Year 6 Transition Day to all secondary schools.
- Wednesday 6<sup>th</sup> of July- New to our school reception Parents Meeting- 3.30pm
- Thursday 7<sup>th</sup> of July- Year 2 Residential to High Adventure
- Monday 11<sup>th</sup> of July- Year 5 Rounder's Tournament- 1.30pm
- Thursday 14<sup>th</sup> of July- Rose Day 1.30pm
- Friday 15<sup>th</sup> of July- Year 6 Enterprise Day- All Day



- **Friday 15<sup>th</sup> of July-** Annual reports released with class lists for next academic year.
- **Tuesday 19<sup>th</sup> of July-** Shuffle Up Day 1 and Year 6 Leavers Assembly- 1.30pm
- **Wednesday 20<sup>th</sup> of July-** Shuffle Up Day 2 and Year 6 Leavers Assembly- 6pm
- **Wednesday 20<sup>th</sup> of July-** Meet the teacher- 3.30pm -5pm
- **Thursday 21<sup>st</sup> of July-** Year 1 Cannon Hall Farm Trip
- **Thursday 21<sup>st</sup> of July –** Year 6 Stay Safe Workshop at Keighley College
- **Monday 25<sup>th</sup> of July-** Year 6 Prom at Crossflatts Primary School-5.00pm-7.00pm
- **Tuesday 26<sup>th</sup> of July-** Final day of term- Toy Day.

Have a great week ahead.

Best wishes

Mrs Bennett  
Headteacher