

Happiness

Our Life = 4000 Weeks



Laughter Yoga!



Happiness Festival 1000 People Attended



Stay Brilliant!



What is Happiness?

- How can we tell when someone is happy?



Looking on the Bright Side!



The Rice Krispies Experiment

Dry

Tasteless



Boring

Be the Milk

Add Milk and the Magic Happens



Destination Happy!



Thoughts?

False:



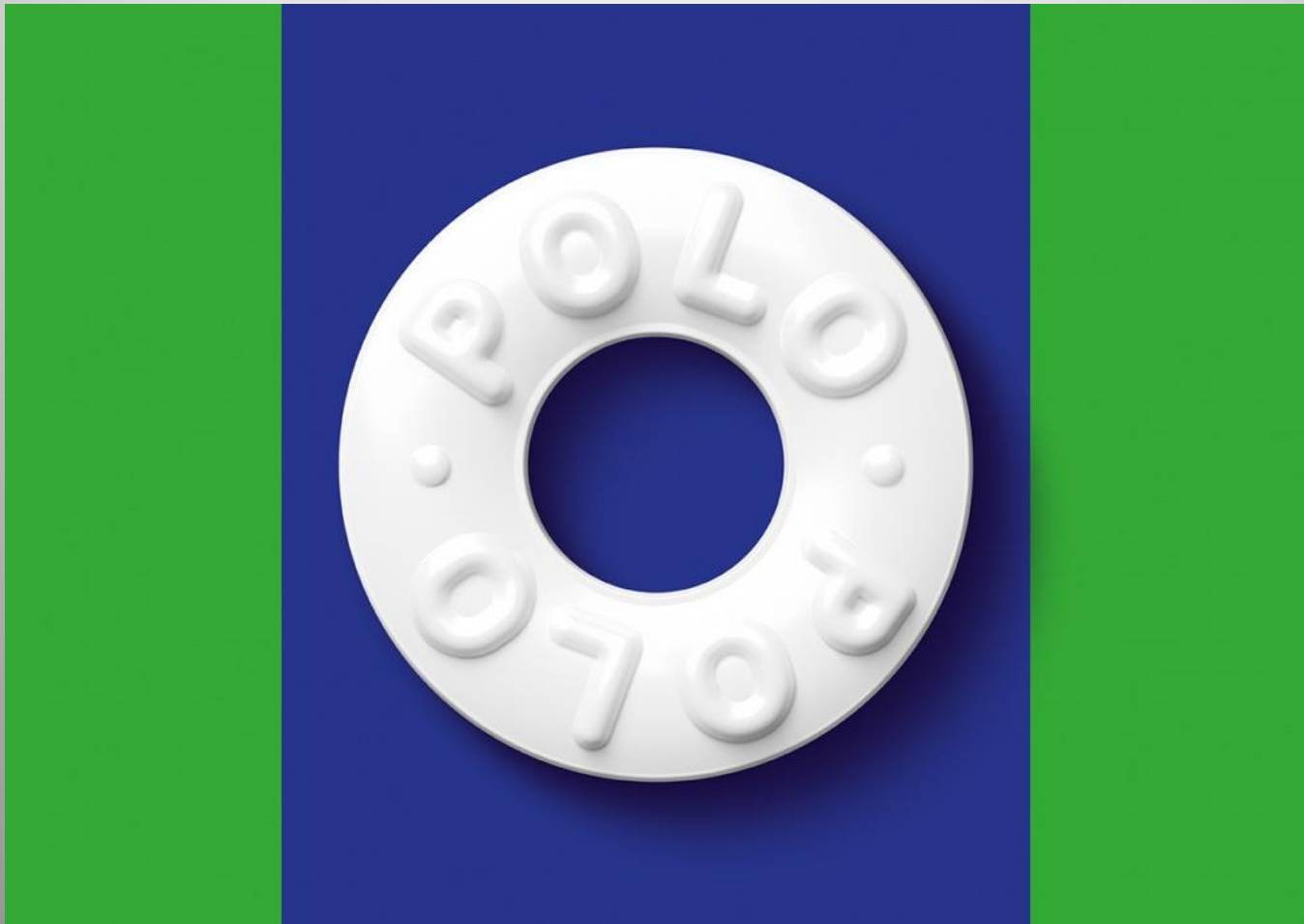
WHEN THINGS CHANGE
I WILL BE HAPPY.

True:



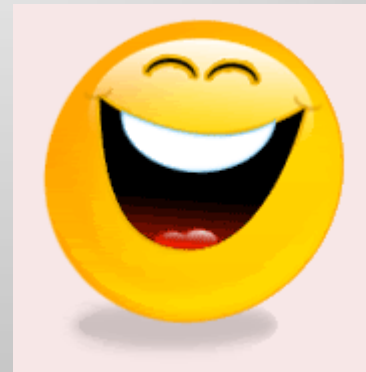
WHEN I AM HAPPY
THINGS WILL CHANGE.

Polo Mints



What's your Happy Tune?

- Rock
- Pop
- Classical
- Let's see what Mrs C , Mrs B & Mr C have chosen!



Final Thoughts



Believe

Achieve

2%er or Mood Hoover