

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
 Authentic Italian

TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Beef Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
 Mash topped Sausage & Bean Pie with Carrots

Roast Chicken Sage & Onion Stuffing
 Crispy Roasties & Fresh Veggies & Gravy

Mild Chilli Beef & Cheese Homemade Nachos
 Oven Baked Potato Wedges & Sweetcorn

Golden Fish Fingers (MSC)
 Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
 With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Cowboy Pie
 Mash topped Veggie Sausage & Bean Pie with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
 Crispy Roasties & Fresh Veggies & Gravy

Cheese & Veggie Homemade Nachos
 Oven Baked Potato Wedges & Sweetcorn

Crispy Bean & Vegetable Fingers
 Chips



Hot Tomato Pasta
 with or without Grated Cheese on top



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices
 topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23
12/9, 3/10, 24/10, 14/11,
5/12, 26/12, 16/1, 6/2

What's On The Menu?

MONDAY

Authentic
Italian

TUESDAY

Family
Faves

WEDNESDAY

Backing
British

THURSDAY

Food
Festival

FRIDAY

Fun
Day



The Main
Event



Meat Free
Magic



Pasta
Stop



Jacket
Bar



Packed
Lunch
Station



Dessert
Stop

Meat Free Monday!

Choose either our tasty
Margherita Pizza or our
Veggie Supreme

Served with
Pasta Salad &
Mixed Crudites

Classic Beef Burger

in a Bun with Oven Baked
Wedges & Garden Peas

Super Veggie Burger

in a Bun with Oven Baked
Wedges & Garden Peas

Roasted Gammon Joint

Crispy Roasties, Fresh
Veggies & Gravy

Veggie Sausage & Root Veg Traybake

Crispy Roasties, Fresh
Veggies & Gravy

Not So Spicy Chicken Tikka Masala

Wholegrain Rice,
Turmeric Carrots & Peas

Creamy Vegetable Korma

With Wholegrain Rice,
Turmeric Carrots & Peas

Golden Fish Fingers (MSC)

Choose Salmon or Pollock,
Chips & Baked Beans

Crispy Bean & Vegetable Fingers

Chips

Hot Tomato Pasta

with or without Grated Cheese on top

Crispy Skin Jacket Potatoes

Choice of Tasty Toppings

Pick & Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Jelly
& Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy
Vanilla Cookie

**FOOD
FESTIVAL**
By Aspens

AVAILABLE
EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week
Two

Autumn / Winter 2022 / 23
19/9, 10/10, 31/10, 21/11,
12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY

Authentic
Italian

TUESDAY

Family
Faves

WEDNESDAY

Backing
British

THURSDAY

Food
Festival

FRIDAY

Fun
Day



The Main
Event



Meat Free
Magic



Pasta
Stop



Jacket
Bar



Packed
Lunch
Station



Dessert
Stop

**Cheese & Tomato Pizza
Melt Baguette**
with Wholegrain Pasta &
Sweetcorn Salad

**Tomato & Mozzarella
Gnocchi Traybake**
with Wholegrain Pasta &
Sweetcorn Salad

Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

Quorn Toad in the Hole
with Creamy Mash, Green
Beans & Gravy

**Roast Chicken & Sage &
Onion Stuffing**
with Crispy Roasties & Fresh
Veggies & Gravy

Quorn Roast
with Crispy Roasties, Fresh
Veggies
& Gravy

**Homemade Chicken
Nuggets**
with Oven Baked Wedges &
Broccoli

**Crunchy Topped
Macaroni Cheese**
with Oven Baked Wedges &
Broccoli

**Golden Fish
Fingers (MSC)**
Choose Salmon or Pollock,
Chips & Baked Beans

**Baked Beans &
Vegetable Fingers**
Chips

Hot Tomato Pasta
with or without Grated Cheese on top

Crispy Skin Jacket Potatoes
Choice of Tasty Toppings

Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit

Sticky Banana Pudding

Chocolate
Oat Cake

Vanilla Sprinkle Sponge

Apple
Crumble

Shortbread

**FOOD
FESTIVAL**
By Aspens

AVAILABLE
EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt



Week
Three